

Spicy Mango Salad

1 Ripe Organic Mango Peeled and Cut into Chunks
1 Read Chili Pepper Seeded and Minced
1 Shallot Finely Chopped
1/4 Cup Chopped Cilantro
Juice of One Lime
1 Teaspoon of Coconut Syrup or Raw Honey
Pinch of Salt

Place Mango in bowl and add remaining ingredients. Wisk easily and serve over a bed of your favorite greens. NOTE: can be served right away or refrigerator for an hour before serving.

