



Ingredients:

- 1 TBS Organic Olive Oil
- 1 Jar Organic Tomato Paste (7oz)
- 3 Cloves of Garlic
- 1-2 TBS Fresh Basil
- 1-2 TBS Fresh Parsley
- Salt and Pepper to Taste

Pre heat pan then add oil and whole garlic, cook for about 1 minute. Add past and cook for about 5 min careful not to burn. Add tomatoes, basil, parsley and salt and pepper. Add about 8 oz of water. Stir and simmer for 20 -25 minutes.